



# The 9 Essential Pieces Of Equipment Checklist

Post This Check list On Your Wall And From There  
Just Focus On Acquiring 1 Thing At A Time And Before You Know It  
You Will Have A Badass Home Gym Just Like Mine

- ESSENTIAL PIECE #1 - Floor Space**
- ESSENTIAL PIECE #2 - Barbell**
- ESSENTIAL PIECE #3 - Rings And/Or Pullup Bar**
- ESSENTIAL PIECE #4 - Jump Rope**
- ESSENTIAL PIECE #5 - Dumbbell**
- ESSENTIAL PIECE #6 - Kettlebell**
- ESSENTIAL PIECE #7 - Squat Rack**
- ESSENTIAL PIECE #8 - Medicine Ball**
- ESSENTIAL PIECE #9 - Battling Rope**